



kind | safe | respectful | learning

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Dear parents/carers

PSHE Jigsaw learning in term 6

Jigsaw is our whole school approach to teaching PSHE (personal, social, health education) that has been chosen as it provides well-structured, progressive and detailed learning. This unique scheme of work, which your child has accessed since reception, aims to prepare our young people for life, helping them really know and value who they are and understand how they relate to other people in this ever-changing world.

As shared in our termly curriculum newsletters, this term's Jigsaw piece across the school is: Changing me. Due to relationships and sex education (RSE) aspects being taught within this puzzle piece, we wanted to share an overview of the content:

Year 3: How babies grow, bodily changes and family stereotypes

Year 4: Being unique, having a baby, girls and puberty, change and accepting it

Year 5: Self and body image, puberty, conception, change

Year 6: My self-image, puberty, babies: conception to birth, real self and ideal self

For more information please see the government guidance:

<https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-education-primary>

If you would like any more information about the content, please discuss directly with your child's class teacher,

Kind Regards,
Mr Chris Barratt
Principal
Summerhill Academy

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