



kind | safe | respectful | learning

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Dear Parent/Carer,

There has been a confirmed case of **chickenpox** at Summerhill Academy.

The most recognised symptom of chickenpox is a red rash covering the body. The rash is usually found behind the ears, on the face, over the scalp, under the arms, on the chest, stomach, arms and legs.

Before developing the rash, your child may experience some mild flu-like symptoms including nausea, fever, aching painful muscles, headache, generally feeling unwell and loss of appetite.

Children are infectious from about two days before the rash appears. To prevent the spread of chickenpox children should stay at home until the blisters have fully crusted over and this usually happens five to seven days after the first blisters appear.

Contact your GP if:

- you're an adult and have chickenpox
- you're pregnant and you've been near someone with chickenpox
- your child has a weakened immune system and they have been near someone with chickenpox
- you have a weakened immune system and you've been near someone with chickenpox
- you think your Newborn baby has chickenpox

Yours sincerely,

Susan Rogers
First Aider

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