By Aspens

Week commencing: 15 November, 6 December

MONDAY Family **Faves**

TUESDAY Authentic Italian

WEDNESDAY Backing British

Honey Roast

THURSDAY Food **Festival**

Chicken Fajita

Served with tomato

FRIDAY Fun Day

Breaded Pollock

Served with chips,

Traditional (Book 'T')

Chicken Thigh Burger With baked potato wedges and rainbow slaw

Lamb Bolognese Served with wholegrain penne, garlic slice and green salad

Gammon Served with roasties. fresh vegetables and gravy

Mexican slaw **Halal Chicken**

rice salad and peas and homemade tartare SH

Halal (Book 'H')

Halal Chicken Burger With baked potato wedges and rainbow slaw

Halal Beef Bolognese Served with wholegrain penne, garlic slice and green

salad H

Chicken Served with roasties. fresh vegetables and gravy н

Halal Roast

Fajita Served with tomato rice salad and Mexican slaw н

Breaded Pollock Served with chips, peas and homemade tartare

SH

Vegetarian (Book 'V')

Crunchy Topped Macaroni Cheese With baked potato wedges and rainbow slaw SHV

Red Lentil Bolognese

Served with wholegrain penne, garlic slice and green salad S H V

Potato & Spinach Frittata Served with roasties.

Mexican slaw fresh vegetables and gravy

Mixed Bean Fajita Baked Bean & Served with tomato **Cheese Wrap** rice salad and Served with chips and peas

S H (V)

SHV

Jacket Potatoes (J)

Crispy Skin Jacket Potato with Toppings

SHV

Packed lunch (L)

Pick and Mix Deli SHV

Freshly filled sandwich or roll, healthy snack, home bake and a piece of fruit

The Finale

Fruit Pots and **Yoghurt**

Fruit Pots and Yoghurt

Dessert of the Day Fruit Pots and **Yoghurt**

Fruit Pots and Yoghurt

FOOD FESTIVAL

By Aspens

Week commencing: 1 November, 22 November, 13 December



MONDAY Family Faves

TUESDAY Authentic Italian

WEDNESDAY Backing British

THURSDAY Food Festival

FRIDAY Fun Day

Traditional (Book 'T')

Sausage Pasta Bake Wholegrain pasta

with sweetcorn

Pizza Served with oven baked wedges and veggie sticks

SHV

Veggie delight

Lemon and Herb Chicken Served with roasties, fresh vegetables and

Sticky Hoisin Chicken & Noodles Served with carrot ribbons

Salmon or Pollock with chips and baked beans

Fish Finger Bap

Halal (Book 'H')

Halal Chicken Sausage Pasta Bake

Wholegrain pasta with sweetcorn

Veggie delight Pizza Served with oven

Served with oven baked wedges and veggie sticks

Halal Lemon and Herb Chicken

gravy

Served with roasties, fresh vegetables and gravy

Sticky Hoisin Halal Chicken & Noodles

S

Served with carrot ribbons

Fish Finger Bap

Salmon or Pollock with chips and baked beans

SH

Vegetarian (Book 'V')

Shepherdess Pie

Sweet potato mash and sweetcorn

S H V

Cheese and Tomato Pasta Bake

Served with oven baked wedges and veggie sticks

Smoked Cheese and Onion Slice

Served with roasties, fresh vegetables and gravy

S H V

Sweet and Sour Chicken Style Strips and Vegetable Noodles

Served with carrot ribbons **S H V**

Vegan Sausage Roll

Served with chips and baked beans

SHV

Jacket Potatoes (J)

Crispy Skin Jacket Potato with Toppings SHV

Packed lunch (L)

Pick and Mix Deli s H V

Freshly filled sandwich or roll, healthy snack, home bake and a piece of fruit

The Finale

Fruit Pots and Yoghurt

Fruit Pots and Yoghurt

Dessert of the Day

Fruit Pots and Yoghurt

Fruit Pots and Yoghurt

FOOD FESTIVAL

By Aspens

Week commencing: 8 November, 29 November



MONDAY Family Faves

TUESDAY Authentic

Italian

Veggie Supreme

Pizza

Served with garlic

slice and sweetcorn

WEDNESDAY Backing British

THURSDAY Food Festival

FRIDAY Fun Day

Traditional (Book 'T')

Hot Dog
Served with baked
potato wedges and
BBQ beans

S H V

Roast Chicken & Stuffing

Served with roasties, fresh vegetables and gravy

S

Butter Chicken Curry

Served with wholegrain rice and coconut green beans

Fishcakes

Served with minted peas, chips and homemade tartare

Halal (Book 'H') Halal Chicken
Sausage Hot Dog
Served with baked

Served with baked potato wedges and BBQ beans

н

Veggie Supreme Pizza

Served with garlic slice and sweetcorn

S H (V)

Halal Roast Chicken & Stuffing C

Served with roasties, fresh vegetables and gravy

Halal Butter Chicken Curry

Served with wholegrain rice and coconut green beans

Fishcakes

Served with minted peas, chips and homemade tartare

SH

Vegetarian (Book 'V')

Vegetable Bean Burger

Served with baked potato wedges and BBQ beans

Quorn Meatballs and Spaghetti

Served with garlic slice and sweetcorn

SHV

Lentil Veggie Loaf

Served with roasties, fresh vegetables and gravy

SHV

Butternut and Chickpea Pasanda

Served with wholegrain rice and coconut green beans

SHV

Falafel and Hummus Wrap

Served with chips and minted crushed peas

SHV

Jacket Potatoes (J)

Crispy Skin Jacket Potato with Toppings SHV

Packed lunch (L)

Pick and Mix Deli SHV

Freshly filled sandwich or roll, healthy snack, home bake and a piece of fruit

The Finale

Fruit Pots and Yoghurt

Fruit Pots and Yoghurt

Dessert of the Day

Fruit Pots and Yoghurt

Fruit Pots and Yoghurt