



Kind | Safe | Respectful | Learning

Moving to My New Class

Helping children adjust smoothly to new classroom environments





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Soon, I will
move to a new
year group.





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I will have a
new classroom
and a new
teacher.





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My new
teacher will
help me learn
and keep me
safe.





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I might feel
excited or a
little worried.
That is okay.





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I can ask
questions if I
am unsure
about
something.





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I will still see
my friends and
learn new
things.





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My old teacher
and new
teacher will
help me with
the change.





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When I go to
my new class,
I will try my
best and enjoy
learning



Transitioning to a New Year Group – adult guidance

Introduction to Moving Up



Exciting Educational Transition

Moving up to a new year group marks an important step in a child's learning journey filled with excitement and change.

Managing Mixed Emotions

Children often feel both excitement and uncertainty; reassuring them that these feelings are normal is vital.

Support and Confidence Building

Providing clear guidance and reassurance helps children feel confident and supported during the transition.

Viewing Transition as Growth

Encouraging children to see moving up as an opportunity for growth reduces anxiety and fosters resilience.



Meeting a New Teacher

Role of New Teacher

New teachers create a safe, supportive environment for academic and emotional success of students.

Encouraging Questions

Encouraging children to ask questions builds their confidence and fosters trust in the classroom.

Smooth Transition

Collaboration between new and previous teachers helps ensure a smooth, stable transition for students.

Managing Emotions During Change



Normalizing Emotions

Feeling excited, nervous, or worried during change is normal for children and should be accepted.

Coping Strategies

Techniques like deep breathing, talking to adults, or using calm cards help children manage overwhelming feelings.

Support and Reassurance

Reminding children that friends and teachers continue to support them reduces anxiety during transitions.

Building Resilience

Providing coping skills and encouraging positive thinking helps children confidently handle future changes.

Continuity and Support



Teacher Collaboration

Old and new teachers work together to share important student information for smooth transitions.

Parental Involvement

Parents support the transition by reinforcing positive messages and keeping open communication with schools.

Building Confidence

Emphasising care and support helps children feel secure and ready for new opportunities ahead.