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Dear Parent/Carers,

During our Assembly on Monday 18 January and Wednesday 20 January, we will discuss how to keep ourselves safe, including during online use.

We will remind children of some of the organisations that support children such as ChildNet International, SMART rules, Childline helpline number and the NSPCC PANTS underwear rules.

We will also remind the children of always telling a trusted adult at home and at school if anything has or is worrying them.

Here are the links for these organisations:

<https://www.childnet.com/young-people/primary>

<https://www.childline.org.uk/get-support/contacting-childline/>

<https://www.nspcc.org.uk/globalassets/documents/advice-and-info/underwear-rule-children-guide-english.pdf/?>

Kind regards,

Kate Richardson and the Safeguarding Team