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October 2021

Dear Parent/Carer,

### **Re: Your Child's Eyesight**

It is known that eyesight can change during childhood and adolescence.

We recommend that during this school year, if they are not already being seen regularly, you take your child to an optician of your choice, where their eyesight can be tested free of charge.

At this current time it is advisable that you contact your optician to book an appointment for your child before attending.

Yours faithfully,

**School Health Nursing Team**

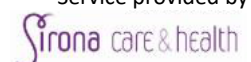
#### **Taking your child to the dentist**

NHS dental care is free for all children. Remember to take your child for regular check ups. For help finding an NHS dentist call NHS England on 0300 311 2233 or visit NHS Choices at [www.nhs.uk](http://www.nhs.uk)

If you would like to find out how else your School Health Nursing Service can support you and your child, there are a variety of resources available on our website. Please scan the QR code (**above**) with your smartphone camera to have a look.

If you do not have access to a smartphone, the website address is also above where you can access the materials.

Service provided by



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