

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7

## WEEK ONE

### MONDAY Authentic Italian

Option 1  
Margherita Pizza  
Crudites

Option 2  
Margherita Pizza  
Crudites

Option 3  
Halal

Packed Lunch

Jacket Potato

The Finale

Warm Pineapple  
with Vanilla Ice  
Cream

### TUESDAY Family Faves

Chicken Burger  
in a Bun  
Oven Baked  
Wedges  
Coleslaw

Super Veggie  
Burger  
in a Bun  
Oven Baked  
Wedges  
Coleslaw

Beef Burger  
In a Bun  
Oven Baked  
Wedges  
Coleslaw

Sticky  
Gingerbread  
Cake

### WEDNESDAY Baking British

Roast Gammon  
Roasties and  
Fresh Vegetables  
Gravy

Veggie Sausage &  
Summer Veg  
Traybake  
Roasties and  
Fresh Vegetables  
Gravy

Roast Beef  
Roasties and  
Fresh Vegetables  
Gravy

Chocolate  
Brownie

### THURSDAY Food Festival

Chicken Tikka  
Biryani  
Wholegrain Rice  
Coconut Green  
Beans

Roasted Sweet  
Potato Dhal  
Wholegrain Rice  
Coconut Green  
Beans

Chicken Tikka  
Biryani  
Wholegrain Rice

Strawberry Mousse  
with Peach

### FRIDAY Fun Day

Fish Fingers  
Salmon or Pollock  
Chips and  
Baked Beans

Baked Beans &  
Vegetable Fingers  
Chips

Oat Cookie

#### Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

#### Crispy Skin Jacket Potato with Tasty Toppings

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

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21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7

WEEK TWO

## MONDAY Authentic Italian

Option 1

**Creamy Chicken Pasta Bake**  
Whole Grain Penne  
Garlic Slice  
Green Salad

Option 2

**Veggie Bolognese**  
Whole Grain Penne  
Garlic Slice  
Green Salad

Option 3  
Halal

**Creamy Chicken Pasta Bake**  
Wholegrain Penne  
Garlic Slice  
Green Salad

Packed Lunch

Jacket Potato

The Finale

**Peaches and Vanilla Ice Cream**

## TUESDAY Family Faves

**BBQ Pulled Pork & Mash**  
Carrots

**Baked Bean & Veggie Sausage Cowboy Pie**  
Carrots

**BBQ Beef Brisket & Mash**  
Carrots

**Rice Krispie Cakes**

## WEDNESDAY Baking British

**Roast Chicken & Stuffing**  
Roasties and  
Fresh Vegetables  
Gravy

**Cheese & Spring Onion Pastry Slice**  
Roasties and  
Fresh Vegetables  
Gravy

**Roast Chicken & Stuffing**  
Roasties and  
Fresh Vegetables  
Gravy

**Chocolate & Marshmallow Cake**

## THURSDAY Food Festival

**Pork Bolognese**  
Potato Wedges  
Rainbow Slaw

**Veggie Nachos & Cheese**  
Paprika Wedges  
Rainbow Slaw

**Beef Lasagne**  
Potato Wedges  
Rainbow Slaw

**Apple Pie & Custard**

## FRIDAY Fun Day

**Fish Fingers**  
Chips and  
Mushy Peas

**Carrot & Potato Cakes Homemade Tomato sauce**  
Chips and  
Mushy Peas

**Fruity Flapjack**

**Pick and Mix Packed Lunch**  
Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

**Crispy Skin Jacket Potato with Tasty Toppings**

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat

▼ Veggie

◆ Jacket Potato

■ Packed Lunch

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28/2, 21/3, 11/4, 2/5, 23/5, 13/6, 4/7,

WEEK THREE

## MONDAY Authentic Italian

Option 1 **Pork Meatball, Pasta & Garlic Bread Traybake**  
Sweetcorn ▲

Option 2 **Tomato & Mozzarella Gnocchi**  
Garlic Slice  
Sweetcorn ▼

Option 3 **Beef Meatball Pasta & Garlic Bread Traybake**  
Sweetcorn

Packed Lunch  
Jacket Potato

The Finale

**Chocolate Mousse with Mandarin** ▲

## TUESDAY Family Faves

**Sticky Baked Bangers & Mash**  
Green Beans  
Gravy ▲

**Sticky Veggie Bangers & Mash**  
Green Beans  
Gravy ▼

**Sticky Baked Chicken Bangers & Mash**  
Green Beans  
Gravy

**Sticky Toffee Pudding & Custard** ▼

## WEDNESDAY Baking British

**Roast Chicken & Stuffing**  
Roasties and  
Fresh Vegetables  
Gravy ▲

**Quorn Roast**  
Roasties and  
Fresh Vegetables  
Gravy ▼

**Roast Chicken & Stuffing**  
Roasties and  
Fresh Vegetables  
Gravy

**Vanilla Sprinkle Sponge** ◆

## THURSDAY Food Festival

**Honey & Soy Chicken Stir Fry**  
Wholegrain Rice  
Broccoli ▲

**Crunchy Topped Macaroni Cheese**  
Broccoli ▼

**Honey & Soy Chicken Stir Fry**  
Wholegrain Rice  
Broccoli

**Apple Crumble with Custard** ■

## FRIDAY Fun Day

**Fish Fingers**  
Salmon or Pollock  
Chips and  
Peas

**Veggie Croquettes**  
Chips and Peas ▼

**Ginger Cookie**

**Pick and Mix Packed Lunch**  
Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

**Crispy Skin Jacket Potato with Tasty Toppings**

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day