

# FOOD FESTIVAL

VEGAN MENU

By Aspens

w/c 7 March, 28 March, 9 May, 30 May, 20 June, 11 July

WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegan (E)	<b>Margherita Pizza</b> Crudites	<b>Super Veggie Burger</b> Oven baked wedges Coleslaw	<b>Vegan Sausage &amp; Summer Veg Traybake</b> Roasties Fresh Vegetables Gravy	<b>Sweet Potato &amp; Chickpea Balti</b> Wholegrain Rice Coconut Green Beans	<b>Baked Beans &amp; Vegetable Dippers</b> Chips Baked Beans
Jacket Potatoes (J)			<b>Crispy Skin Jacket Potato</b>		
The Finale	<b>Rocket Lolly</b>	<b>Jelly &amp; Fruit</b>	<b>Fresh Fruit Salad</b>	<b>Blueberry &amp; Cherry Soya Yoghurt</b>	<b>Oat cookie</b>

Please ensure recipes from the Vegan Primary Recipe Book are used and cross referenced with recipe numbers

# FOOD FESTIVAL

VEGAN MENU

By Aspens

w/c 14 March, 4 April, 25 April, 16 May, 6 June, 27 June, 18 July

WEEK  
TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Vegan (E)</b>	<b>Veggie Bolognese</b> Whole Grain Penne Garlic Slice Green Salad	<b>Baked Bean &amp; Veggie Cowboy Pie</b> Carrots	<b>Vegan Sausage Roll</b> Roasties Fresh Vegetables Gravy	<b>Vegan Nachos &amp; Cheese</b> Potato Wedges Rainbow Slaw	<b>Vegan Bean Fritter</b> Chips Mushy Peas
<b>Jacket Potatoes (J)</b>			<b>Crispy Skin Jacket Potato</b>		
<b>The Finale</b>	<b>Jelly &amp; Fruit</b>	<b>Rice Krispie Cakes</b>	<b>Lemon Cookie</b>	<b>Fresh Fruit Salad</b>	<b>Fruity Flapjack</b>

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# FOOD FESTIVAL

VEGAN MENU

By Aspens

w/c 28 February, 21 March, 11 April, 2 May, 23 May, 13 June, 4 July

WEEK  
THREE

MONDAY

Vegan  
(E)

Jacket  
Potatoes  
(J)

The Finale

TUESDAY

Vegetable Pasta  
Bake  
Sweetcorn

Fresh Fruit Salad

WEDNESDAY

Sticky Vegan  
Bangers & Mash  
Green Beans  
Gravy

Jelly & Fruit

THURSDAY

Crunchy Topped  
Macaroni Cheese  
Broccoli

Apple Crumble

FRIDAY

Vegan Cheesy  
Bean Wrap  
Chips  
Peas

Ginger Cookie

Crispy Skin Jacket Potato

Shortbread

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